



# A New York Pathwork Weekend



## At the Menla Center in Phoenicia, NY

November 14-16, 2014

The Architecture of Heaven and Hell:  
An Exploration of How We Create Them on Earth  
With Pathwork Helper Judith Garten

There is a Zen story about a Samurai, who seeks out a wise monk and says, "Tell me about the nature of heaven and hell."

The monk, after some silence, replies, "Why should I tell a miserable slob like you?" The warrior is insulted. His face becomes bright red. He draws his sword over his head preparing to strike the monk dead. Calmly the sage looks up and says, "That is hell." The samurai, who is really very sensitive underneath his rage, pulls his sword back and places it in its sheath. He is flooded with gratitude that this monk would risk his own life to offer him this teaching. He then falls to his knees and asks forgiveness. The monk responds, "Now, that is heaven."

This story will be at the heart of our exploration. You will have a chance to find the reactive warrior within you, as well as the enlightened sage. We will experience how we are the architects of our own heaven and hell. The Pathwork Guide offers us tools and shows us the mechanics of our creations.

Come and research the thoughts, feelings and attitudes you carry that construct your personal architecture. In addition, the channeled distinctions made by Moira Shaw's The 50-50 Work will illuminate the soul's journey, the spheres of consciousness, and the more refined concepts of the Pathwork Lectures. Her work will enable you to access this vast body of work with a audible sigh of relief.

Please come and bring your "swords" and "sages" and a sense of adventure. Humor is most welcome too.

*Judith Garten is a Pathwork teacher and helper, using the lens of Moira Shaw's 50/50 work to illuminate the Guide's Lectures. She is a frequent leader of workshops, retreats and trainings in personal and group transformation. Judith teaches worldwide and has found excitement in bringing these remarkable teachings to groups as far ranging as the Hutus and Tutsis of Rwanda, managers of Fortune 500 companies and HIV-infected drug addicts from East New York.*

***"Anything Judith leads will bring depth and clarity. Her presence insures that surprising new perspectives will emerge in individuals and the group..."***

— Elizabeth Lesser, author, Cofounder, Omega Institute