

## **SAVE THE DATES FOR OUR NEW HELPERSHIP PROGRAM**

Pathwork Vermont is re-structuring its residential, yearlong Transformation and Helpership programs so we become more accessible to out-of-state seekers. We are moving away from a seven-weekend structure to a 4 x 4 model, implemented with online teaching. A 4X4 format means that participants meet 4 times per year for 4 days (Thursday morning- Sunday afternoon). In addition to meeting four times per year in a residential setting, HDP students connect online, in 3-hour blocks, four times per year for additional teaching and practice.

### **Description of Pathwork Vermont newly designed Helpership Program.**

This program integrates the wisdom of the Pathwork Guide's teachings with insights and skills from the fields of trauma research, pre- and perinatal work, as well as, neuroscience and clinical psychology, to create a conceptual framework and develop skills through hands-on experience. The program is developed by Alison Greene Barton and Ingrid Schirrholtz and is based on the Guide's lectures, as well as, Moira Shaw's 50/50 teachings.

Through spiritual practice you will learn how to align with Helpership Consciousness, "Unity Consciousness," and to see the larger perspective of life. You will learn how to integrate higher levels of consciousness as you presence yourself with one another in God. From this consciousness you will learn to give psycho-spiritual sessions to each other and eventually to apply this knowledge in sessions with workers/clients.

The intention for participants of the Helpership Development Program is to get in touch with your own unique essence while deepening your sense of a higher purpose in life. This program is for anyone who wants to become a practicing Pathwork Helper and/or for bringing true leadership and service as a contribution to family, workplace, business and community.

- Location: Bishop Booth Conference Center, Burlington, Vermont
- Dates (Thursday 9am - Sunday 4pm):  
(notice: ending time on Sunday might be subject to change)  
November 3 - 6, 2016  
January 26 - 29, 2017  
March 2 - 5, 2017  
May 11- 14, 2017
- State financial grant: VSAC / Vermont Student Assistance Corporation is available for Vermont Residents. In the past, qualifying HDP students have had their full tuition covered by VSAC.

If you are interested or have questions, contact Ingrid Schirrholtz at [email@ingridschirrholtz.com](mailto:email@ingridschirrholtz.com) or Alison Greene - Barton at [alison@greenebartons.com](mailto:alison@greenebartons.com)