

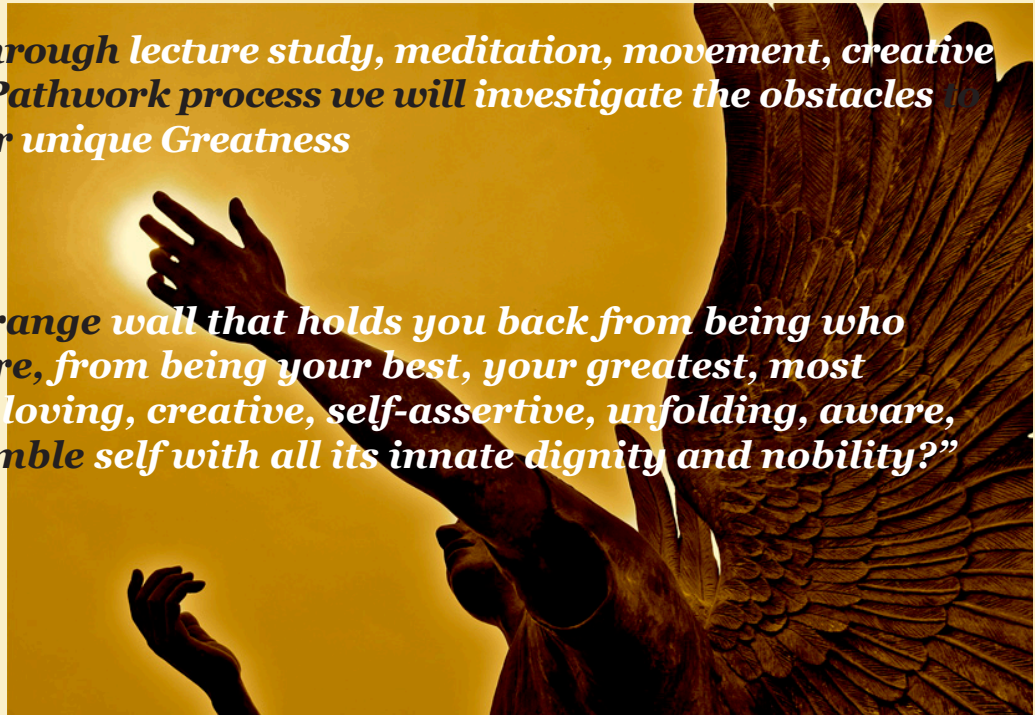
Claiming the Total Capacity for Greatness with Pathwork Helper Renee Whatley

At the Menla Center in Phoenicia

November 4-6, 2016

This weekend, through lecture study, meditation, movement, creative expression and Pathwork process we will investigate the obstacles to stepping into our unique Greatness

“What is this strange wall that holds you back from being who and what you are, from being your best, your greatest, most wise, generous, loving, creative, self-assertive, unfolding, aware, courageous, humble self with all its innate dignity and nobility?”



To Prepare:

- Read Pathwork Lecture # 212, Claiming the Total Capacity for Greatness.
- Bring objects, pictures etc. that represent aspects of the “angel” and the “devil” in you for the altar. Identify a major fault/distortion/negativity (an aspect of your devil) that you want to transform over the weekend and a major quality of your angel that you want to bring forward over the weekend. You may want to take the inquiry into meditation for a few days.
- Identify a sentence, phrase or concept from the lecture that resonates strongly for you. Meditate and/or journal on it for 3 days. Write a summary of the experience describing any new insights, energetic shifts, awareness, behaviors, feelings and/or awareness.

“What obstructs the real greatness from flowing forth is precisely the claim of the little ego who wants to tower above others; who needs the admiration of others; who wants to compare and compete with others and then subdue them and prove itself superior to all others.”



For more information about this weekend and other NYRP programs, email us at NYRPinfo@gmail.com