

Spiritual Activism: Finding Your Call with Pathwork Helper Lorraine Marino

At the Menla Center in Phoenicia

May 5-7, 2017



How do we bring together our spiritual work with social action? What do our powerful Pathwork teachings and practices have to offer us at this time of turmoil? How do we each use ourselves in a meaningful way?

Many of us are struggling to process all the information, conflicts, shifting politics and relationships going on now. Finding “truth” and meaning is being tested for many of us. Some of us feel called to do something -- but what?

Constructive activism requires us to first become “inner warriors,” able to manage our own emotional state. Otherwise, we can’t be guided by our God self; further, we may act more from an egocentric place, not true giving from the best in us. How do we ensure we are acting from a position of healthy assertion for what we stand for -- not just react to what we are against. What is our true source of power?

We will explore where we remain passive in the face of wrongdoing — perhaps out of fear or out of misplaced sense of spirituality and “peacefulness.” Or behave in ways that are overly aggressive. What is a spiritual bypass and what is the healthy passive act of acceptance? What is healthy assertion and what is unhelpful aggression?

Participants will be able to explore where they are called to work for a social issue— or simply to give more of themselves to life. And in turn, we will explore potential blockages to acting on the desire to act or to give.

This is not about bashing or any one politician or any one political. It is about finding our spiritual activist, propelled by love. We will pull on several lectures but focus on lectures 244 and 257.

This is the first announcement for our workshop, and we are asking for your expressions of interest. Please email either Lauren Dunne at laureen88888@yahoo.com or Alan Saly at asaly@panix.com for more information.

We look forward to seeing you at this exciting weekend!

Lorraine Marino is a 50/50 Pathwork Helper® and independent Organizational Development (“OD”) consultant specializing in leadership development and racial justice work for activists. A Philadelphia-area resident, she began studying the Pathwork in the mid-80s, with most of her training at the Phoenicia Pathwork Center. She’s been teaching Pathwork since 1998 and teaches in various regions in the States and abroad. She incorporated Pathwork concepts into a series of racial justice workshops that she authored with a colleague in the mid-90s. The Aspen Institute named this workshop series as one of the ten top-ranked anti-racism series in the U.S.

Lorraine holds degrees in education, communications, and organizational development. Blended with this secular education, Lorraine’s organizational work is also rooted in the Pathwork and the illuminations of the lectures through the 50/50 Work® of Moira Shaw.